

**VA/DoD Clinical Practice Guideline for the
Management of Post Traumatic Stress**

KEY POINTS CARD

1. Triage and management of acute traumatic stress
2. Routine primary care screening for trauma and related symptoms
3. Diagnosis of trauma syndromes and comorbidities
4. Evidence-based management of trauma-related symptoms and functioning
5. Collaborative patient provider decision making, education, and goal setting
6. Coordinated and sustained follow-up
7. Identification of major gaps in current knowledge
8. Outline for psychological care in ongoing military operation
9. Proactive strategies to promote resilience and prevent trauma-related stress disorders
10. Standardize longitudinal care (DoD/VA, Primary Care/Mental Health)



VA access to full guideline: <http://www.oqp.med.va.gov/cpg/cpg.htm>
DoD access to full guideline: <http://www.qmo.amedd.army.mil>

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